



# Rehabilitation at Maristhill

YOUR STEPPING STONE FOR A SAFE TRIP HOME

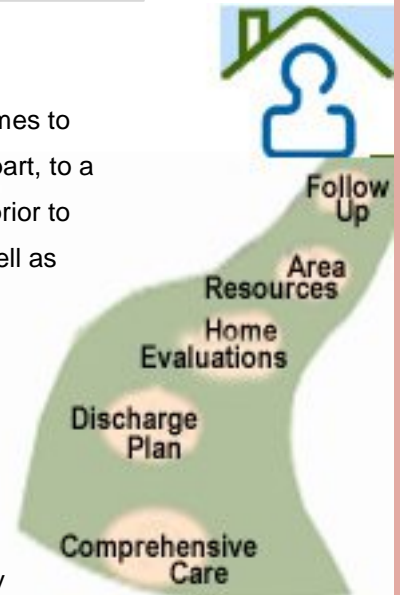
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**Maristhill Nursing & Rehabilitation Center** has an exceptional track record when it comes to successful rehabilitation and helping people return home safely. This is due, at least in part, to a multi-faceted approach that goes beyond the rehab center to include home evaluations prior to discharge and a strong focus on developing relationships with home care agencies as well as equipment and service providers within the community.

When it comes to rehab, patients can expect expert care as well as accessibility and scheduling flexibility from a professional staff consisting of Occupational Therapists, Physical Therapists, a Speech Therapist and on-site support personnel.

In addition to providing high-level therapeutic care, the rehab associates are also actively involved in the discharge planning process, and even make home visits to assess safety levels, identify areas of concern and suggest appropriate adaptations. Recommendations are then made based on comprehensive input from the therapist, a social-services professional and the nurse manager, thus increasing the likelihood of a "safe and successful" return home after rehabilitation.

"The goal is to bring people to the highest-possible functionality level on-site, and to then provide them with the



## Comprehensive Methodology

- On-site, professional staff covering all aspects of occupational, physical and speech therapy
- Comprehensive discharge planning with nurse manager, director of social services, rehab professional, family and patient
- In-home evaluations and recommendations prior to discharge
- Relationships with home care agencies as well as with a network of equipment and support providers within the community to facilitate consultative recommendations at time-of-discharge
- Discharge notification sent to attending physician
- Post-discharge follow-up by social services professional

necessary information and resources to ensure a safe return home," says **Carolyn Fenn**, Administrator. "It's important to us that Physicians, Discharge Planners and other interested parties are aware of our commitment to a comprehensive and rigorous rehabilitation process that encompasses both on-site rehabilitation and after-the-fact support."

Founded in 1969 by the Marist Missionary Sisters, Maristhill is a licensed skilled-nursing and rehabilitation center with a highly-recognized performance record for clinical excellence and quality care. People of all faiths and denominations are welcomed at the 123-bed facility, which is a member of **Covenant Health Systems**, a Catholic health care system sponsoring health and elder services throughout New England.